

# *Prosthetic & Orthotic Handbook*

*PROFESSIONAL PLASTICS, INC.*

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TABLE OF CONTENTS

Product and Pricing Guideline..... pgs: 3 – 10

LDPE.....5
HDPE.....6
Homopolymer Polypro.....7
Copolymer Polypro.....8
PETG.....9
Kydex.....10

Troubleshooting Guideline ..... pgs: 12 – 17

Incomplete Forming ..... 12
Sheet Scorched..... 12
Webbing..... 12
Excessive Sheet Sag ..... 13
Varying Sag Level Between Sheets..... 13
Chill Marks ..... 13
Apperance Surface marks ..... 13
Part Warpage..... 14
Poor Mold Release..... 14
Distrotion of Part upon Removal ..... 14
Poor Material Distribution..... 14 – 15
Non-Uniform Billow ..... 15
Thin Corners with Deep Draw Parts ..... 15
Sheet Sticking to Assist Plug ..... 15
Tearing of Sheet While Forming ..... 16
Bubbles in Sheet..... 16
Nipples on Mold Side of Sheet..... 16
Loss of color by Blushing or Degradation ..... 16 – 17
Whitening of Sheet..... 17
Loss of Embossing Distinctness ..... 17
Cracking of Part in Use ..... 17

Order Sheet ..... pg: 18



***Prosthetic & Orthotic Handbook***

***Product and  
Pricing Guide***



## **PROSTHETIC & ORTHOTIC PLASTICS**

Professional Plastics is a stocking distributor of plastic sheet, rod, tube and film. Professional Plastics maintains a large variety of plastic materials suitable for the Prosthetic & Orthotic industry.

This is your guide to the Prosthetic & Orthotic material stocked at our facility in Fullerton, California. Please consider this book as a resource for all of your plastics materials. You may order partial sheets or full sheets for same day shipment. Custom cutting is available for an additional charge.

In this plastics guide you will find the following:

- 1) Typical stocked sizes and thicknesses.
- 2) Guide to typical thermoforming problems.
- 3) MSDS for all materials in the guide.

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# LDPE (Low Density Polyethylene) – Natural

Flex Modulus: 48,000

Of all the olefins, LDPE is the softest and most flexible. Approximate oven forming temperature ranges between 350 degrees and to 375 degrees Fahrenheit.

LDPE offers the following features:

- ◆ Low tensile strength.
- ◆ Easy formability.
- ◆ Very good flexibility.
- ◆ Offers a soft, comfortable feel for the patient.

Pricing is as follows:

Thickness	No. of Sheets	48 x 96	32 x 48	24 x 48
0.060	1			
	2 to 5			
	6 to 15			
	15+			
0.098	1			
	2 to 5			
	6 to 15			
	15+			
0.118	1			
	2 to 5			
	6 to 15			
	15+			
0.187	1			
	2 to 5			
	6 to 15			
	15+			
0.236	1			
	2 to 5			
	6 to 15			
	15+			
0.500	1			
	2 to 5			
	6 to 15			
	15+			



## HDPE (High Density Polyethylene) – Natural

Flex Modulus: 160,000

This material is a flexible, tough, and cold resistant. HDPE is very resistant to stress cracks and abrasions with high strength and good energy absorption properties. Approximate oven forming temperature ranges between 350 degrees and 375 degrees Fahrenheit.

HDPE offers the following features:

- ♦ Very good thermoforming properties.
- ♦ If used in proper applications, a very durable product.

Pricing is as follows:

Thickness	No. of Sheets	48 x 96	32 x 48	24 x 48
0.060	1			
	2 to 5			
	6 to 15			
	15+			
0.098	1			
	2 to 5			
	6 to 15			
	15+			
0.118	1			
	2 to 5			
	6 to 15			
	15+			
0.187	1			
	2 to 5			
	6 to 15			
	15+			
0.236	1			
	2 to 5			
	6 to 15			
	15+			



## Homopolymer Polypropylene – Natural & Black

Flex Modulus: 190,000

Of all the olefins Polypropylene is the most rigid. This material is very rigid, strong, and fatigue resistant. It has uses for body jackets, upper extremity and lower extremity orthoses such as the ankle and foot area, and rigid outer prosthetic sockets, although it is not suitable for low temperatures. Approximate oven forming temperature ranges between 350 degrees and 375 degrees Fahrenheit.

Homopolymer Polypropylene offers the following:

- ◆ The most rigidity.
- ◆ Excellent resistance to stress cracks.
- ◆ Very good formability.
- ◆ Overall durability is very good

Pricing is as follows:

Thickness	No. of Sheets	Natural 32 x 48	Black 32 x 48
0.060	1		
	2 to 5		
	6 to 15		
	15+		
0.093	1		
	2 to 5		
	6 to 15		
	15+		
0.125	1		
	2 to 5		
	6 to 15		
	15+		
0.156	1		
	2 to 5		
	6 to 15		
	15+		
0.187	1		
	2 to 5		
	6 to 15		
	15+		
0.250	1		
	2 to 5		
	6 to 15		
	15+		



### Co-Poly Polypropylene – Natural

Flex Modulus: 170,000

This material is a combination of polypropylene and polyethylene, which gives it, improved impact strength, slightly increased flexibility and improved cold weather properties. Co-Poly Polypro is a medium stiffness material. Approximate oven forming temperature ranges between 350 degrees and 375 degrees Fahrenheit.

Co-Poly Polypro offers the following:

- ◆ Very good formability.
- ◆ Good resistance to cracks.
- ◆ Good rigidity combined with some flexibility.

Pricing is as follows:

Thickness	No. of Sheets	48 x 96	32 x 48	24 x 48
0.090	1			
	2 to 5			
	6 to 15			
	15+			
0.118	1			
	2 to 5			
	6 to 15			
	15+			
0.156	1			
	2 to 5			
	6 to 15			
	15+			
0.187	1			
	2 to 5			
	6 to 15			
	15+			
0.236	1			
	2 to 5			
	6 to 15			
	15+			





### PETG – Clear

Flex Modulus: 309,000

This material is a rigid clear product with excellent impact properties. Excellent for use as check sockets. PETG has other uses such as sports masks for both professional as well as amateur players, and for use with burn patients as an alternative to Uvex. Approximate oven forming temperature ranges between 325 degrees and 350 degrees Fahrenheit.

*Critical heating process* – this material can be very strong when not overheated. To gauge when material is ready to be removed from the oven, bubbles will appear around the edges. If bubbles have moved to the center of the sheet, it has been overheated. This can cause material to become brittle; it may crack or even shatter.

PETG offers the following:

- ◆ Provides good thermoformability at a lower temperature than other plastics.
- ◆ Gives an optically clear product, providing a superior viewing of underlying tissues and pressure points.
- ◆ Can be formed by hand draping or using a frame.
- ◆ Is thermobondable at forming temperature.
- ◆ Has no need to be pre-dried under normal conditions.
- ◆ Can be modified with a heat gun after initial forming.

Pricing is as follows:

Thickness	No. of Sheets	48 x 96	32 x 48	16 x 16
0.187	1			
	2 to 5			
	6 to 15			
	15+			
0.250	1			
	2 to 5			
	6 to 15			
	15+			
0.375	1			
	2 to 5			
	6 to 15			
	15+			
0.500	1			
	2 to 5			
	6 to 15			
	15+			



# Kydex

Flex Modulus: 335,000

Kydex is a unique blend of Acrylic and PVC. With a very high flex modulus, this blend gives the material rigidity, toughness, and decorativeness. Black, Pinstripe (gray), Beige, and White are common colors with many more colors available upon request. This material has become quite popular for neck braces, body jackets and other upper extremity orthoses. Approximate oven forming temperature ranges between 350 degrees and 375 degrees Fahrenheit.

Kydex offers the following:

- ♦ A wide range of color selection, as mentioned above.
- ♦ Is abrasion resistant and come with a haircell texture on one side.
- ♦ Rigidity, and easy thermoformability.
- ♦ Can be easily die cut.

Pricing is as follows:

Thickness	No. of Sheets	Beige 32 x 48	White 32 x 48
0.060	1		
	2 to 5		
	6 to 15		
	15+		
0.093	1		
	2 to 5		
	6 to 15		
	15+		
0.125	1		
	2 to 5		
	6 to 15		
	15+		
0.187	1		
	2 to 5		
	6 to 15		
	15+		
0.250	1		
	2 to 5		
	6 to 15		
	15+		



***Prosthetic & Orthotic Handbook***

***Troubleshooting  
Guidelines***



## Troubleshooting Guideline

### Incomplete Forming

*This occurs when the sheet or one area of the sheet fails to adequately conform to the mold resulting in poor formed detail.*

CAUSE

1. Sheet too cold

2. Insufficient vacuum

3. Vacuum not drawn fast enough

4. Cold clamping frame

5. Part draw ratio too large

CURE

- 1. Increase heating time.
- 2. Increase heater temperature.
- 3. Increase watt density.
- 4. Increase heating uniformity.

- 1. Check for clogged vacuum holes.
- 2. Increase number of vacuum holes.
- 3. Check for proper location of vacuum holes.
- 4. Increase size of vacuum holes.

- 1. Check for vacuum leaks.
- 2. Check vacuum system design as meeting required evacuation rate.
- 3. Increase size of vacuum holes.
- 4. Increase vacuum surge or pump capacity

- 1. Preheat clamping frames.

- 1. Add plug, pressure or frame assist.

### Sheet Scorched

*Scorched sheet turns yellow. This is usually evidenced by a color change in the sheet.*

CAUSES

1. Top or bottom surface too hot

CURE

- 1. Decrease heating cycle time.
- 2. Decrease heater temperature.

### Webbing

*Also referred to as bridging or wrinkling.*

CAUSES

1. Sheet too hot

2. Not enough vacuum

3. Poor design or layout

CURE

- 1. Decrease heating cycle time.
- 2. Decrease heater temperature.

- 1. Check vacuum system for leaks.
- 2. Check for clogged vacuum holes.
- 3. Increase number of vacuum holes.
- 4. Check for proper location of vacuum holes.
- 5. Increase size of vacuum holes.

- 1. Use drape assist or stretch assist.
- 2. Use female instead of male molds.



---

**Excessive Sheet Sag****CAUSES**

1. Sheet too hot
2. Sheet area too large

**CURE**

1. Decrease heating cycle time.
2. Decrease heater temperature.
1. Use preferential heating by the use of screens, particularly in the sheet center.

---

**Varying Sag Level Between Sheets****CAUSES**

1. Sheet-to-sheet temperature variation
2. Uncontrolled use of regrinds

**CURE**

1. Undesirable air drafts through heater section.
2. Sheet not cooled sufficiently after extrusion.
1. Control quality of regrinds.
2. Decrease or control percentage of regrinds.

---

**Chill Marks****CAUSES**

1. Stretching stops when sheet meets cold mold or plug
2. Improper mold or plug design

**CURE**

1. Increase mold temperature.
2. Increase plug temperature.
1. Relieve mold or plug in critical areas.

---

**Appearance Surface Marks****CAUSES**

1. Dirty Mold
2. Mold too hot or too cold
3. Poor mold surface quality for desired part appearance
4. Dirty or surface damaged sheet
5. Mold surface wear
6. Air entrapment over smooth mold surface
7. Insufficient vacuum
8. Contaminated Sheet
9. Dust in atmosphere

**CURE**

1. Clean mold or clean more frequently.
1. Increase mold temperature.
2. Decrease mold temperature.
1. Upgrade mold surface.
1. Improve handling and storage techniques to protect sheet.
2. Clean sheet.
1. Use mold material proper for projected mold service requirements.
1. Reduce polish on mold.
2. Add vacuum holes in affected area.
1. Check for clogged vacuum holes.
2. Check vacuum system for leaks.
3. Increase number of vacuum holes.
4. Check for proper location of vacuum holes.
1. Control quality and type of regrind
2. Check with sheet supplier.
1. Reduce airborne dust by better housekeeping.
2. Isolate area and provide filtered air.



---

**Part Warpage**

*CAUSES*

- 
1. Part too hot when removed
- 
2. Improper part design
- 
3. Uneven part cooling
- 
4. Poor material distribution

*CURE*

- 
1. Increase sheet cooling by:
    - a) Increase cooling cycle time
    - b) Add more cooling capability by using fans.
  2. Decrease mold temperature.
- 
1. Redesign with tapers, fillets, etc...
- 
1. Increase mold temperature and/or temperature uniformity.
  2. Check operability of cooling system.
- 
1. Check sheet gauge variation.
  2. Check for uneven heating of sheet
  3. For deep draw use plug assist and/or prestretch.

---

**Poor Mold Release**

*CAUSES*

- 
1. Part or mold too hot
- 
2. Mold undercuts
- 
3. Inadequate mold draft
- 
4. Poor mold surface

*CURE*

- 
1. Increase cooling cycle time.
  2. Decrease mold temperature.
- 
1. Use of stripping frame.
  2. Add or increase air eject pressure and/or duration.
- 
1. Increase taper/draft.
  2. Convert from male to female forming.
- 
1. Use mold release.
  2. Improve mold surface.

---

**Distortion of Part Upon Removal**

*CAUSES*

- 
1. Part not cooled adequately

*CURE*

- 
1. Check operability of cooling system.
  2. Increase cooling cycle time.
  3. Increase cooling capacity of cooling system.

---

**Poor Material Distribution**

*Known also as poor wall thickness control.*

*CAUSES*

- 
1. Highly variable sheet gauge
- 
2. Uncontrolled sheet heating

*CURE*

- 
1. Check sheet gauge.
  2. Improve sheet extrusion control.
- 
1. Check heaters for operability.
  2. Use screening or shading to control heating.
  3. Check for drafts or air current in system of mold.



## POOR MATERIAL DISTRIBUTION – Continued

### CAUSES

- 3. Mold too cold

---

- 4. Sheet slipping out of frame

---

- 5. Wrong forming method for part

### CURE

- 1. Increase mold temperature.
- 2. Check for uniform heating of mold.
- 3. Check temperature control system of mold.

---

- 1. Improve frame-clamping capability.
- 2. Preheat frame to normal operating temperature.
- 3. Check heaters around clamp area for inoperability.

---

- 1. Balance part design with forming methods available.

## Non-uniform Billow

### CAUSES

- 1. Uncontrolled sheet heating

---

- 2. Non-uniform air pressure within bellow

### CURE

- 1. Check heaters for operability.
- 2. Use screening or shading to control heaters.
- 3. Check for drafts or air currents in heating system.

---

- 1. Check pressurized air systems for leaks.
- 2. Check sheet sealing on billow box.
- 3. Redirect incoming air to billow box.

## Thin Corners with Deep Draw Parts

### CAUSES

- 1. Uncontrolled sheet heating

---

- 2. Uncontrolled material distribution

---

- 3. Too thin sheet gauge

---

- 4. Non-uniform mold temperature

### CURE

- 1. Check heaters for operability
- 2. Use screening or shading to control heaters.
- 3. Check for drafts or air currents in heating stage.

---

- 1. Consider other forming techniques such as prestretch billow and/or plug assist.

---

- 1. Increase sheet gauge.

---

- 1. Check mold heating system for operability.
- 2. Redesign mold heat distribution.

## Sheet Sticking to Assist Plug

### CAUSES

- 1. Plug temperature too hot

---

- 2. Wooden plug assist

### CURE

- 1. Decrease plug temperature.
- 2. Lubricate plug.
- 3. Change plug surface characteristics:
  - a) Flannel cover
  - b) Permanent lubricant applied to surface.

---

- 1. Lubricate plug.
- 2. Change plug surface characteristics:
  - a) Flannel cover
  - b) Permanent lubricant applied to surface.



---

**Tearing of Sheet While Forming**

*CAUSES*

---

1. Sheet too hot

---

2. Poor material distribution

---

3. Prestretch too large

---

4. Sheet too cold

---

*CURE*

---

1. Decrease heating cycle time.  
2. Decrease heater temperature.  
3. Preheat sheet.

---

1. Check sheet gauge variation.  
2. Check for controlled heating pattern.

---

1. Reduce billow blowing rate.  
2. Reduce billow temperature.

---

1. Increase heating cycle time.  
2. Increase heater temperature.

---

---

**Bubbles in Sheet** *Also known as blisters or pits.*

*CAUSES*

---

1. Excessive moisture

---

2. Heating sheet too rapidly

---

3. Water dripping on hot sheet

---

*CURE*

---

1. Predry sheet.  
2. Preheat sheet.  
3. Heat on both sides.  
4. Protect sheets from moisture until ready to use them.

---

1. Use slower heating rate by:  
a) Lower heat temperatures.  
b) Increase distance between heaters and sheet.

---

1. Prevent leaking fluids from dripping onto sheet.

---

---

**Nipples on Mold Side of Sheet**

*CAUSES*

---

1. Sheet too hot

---

2. Vacuum holes too large

---

*CURE*

---

1. Decrease heating cycle time.  
2. Decrease heater temperature.

---

1. Decrease hole size.

---

---

**Loss of Color by Blushing or Degradation**

*CAUSES*

---

1. Sheet over heated

---

2. Overdrawing sheet

---

3. Mold too cold

---

*CURE*

---

1. Check for runaway heater(s) if localized.  
2. Decrease heating cycle time.  
3. Reduce heater temperature.

---

1. Increase sheet gauge.  
2. Increase sheet temperature.  
3. Provide predraw.  
4. Provide plug assist for deep draw parts.

---

1. Increase mold temperature.

---





*LOSS OF COLOR BY BLUSHING OR DEGRADATION – Continued*

**CAUSES**

---

- 4. Assist plug too cold

---

- 5. Uncontrolled use of regrinds

---

- 6. Sheet cooling before formed

**CURE**

---

- 1. Increase plug temperature.

---

- 1. Control quality of regrinds.  
2. Decrease percentage of regrinds.

---

- 1. Decrease forming cycle time.

---

**Whitening of Sheet**

**CAUSES**

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- 1. Sheet too cold

---

- 2. Drawn beyond yield point of material

**CURE**

---

- 1. Increase heating cycle time.  
2. Increase heater temperature.

---

- 1. Increase speed of drape.

---

**Loss of Embossing Distinctness**

**CAUSES**

---

- 1. Depth of embossing too low for draw ratio

---

- 2. Non-uniform drawing

**CURE**

---

- 1. Increase depth of embossing pattern.  
2. Decrease draw ratio.

---

- 1. Use screening or sheeting to control heating pattern.  
2. Use plug assist and/or billow to prestretch sheet.

---

**Cracking of Part In Use**

**CAUSES**

---

- 1. High formed-in-stress

---

- 2. Part thickness too low for draw

---

- 3. Uncontrolled sheet heating

**CURE**

---

- 1. Increase sheet temperature during forming.  
2. Use proper forming sheet temperature and cooling rate for deep draw parts.  
3. Increase fillets.

---

- 1. Increase sheet gauge.

---

- 1. Use screening or shading to control heating pattern.



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	QUANTITY	THICKNESS	SHEET SIZE	PRICE
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HDPE				
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CO-POLYMER POLYPRO				
PETG				
KYDEX				